

The Interbeon

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Kurt Lewin said, *"There is nothing is practical as a good theory."*

If ever the world needed a good theory, the time is now. Consider terrorism, nuclear proliferation, global warming, a fragmenting Common Market, wars and consequent immigration, economic inequality, failing political systems, unbridled globalization, economic inequality, scandal-driven media, banking systems that steal people's money, fundamentalism-driven politics, education inadequacies, dysfunctional relationships, and breakdowns in community, social and family systems that have traditionally bound us together.

In his recent MIT commencement address, Actor Matt Damon shared advice that President Bill Clinton had passed along to him a decade ago; *"Turn toward the problems that you see., you have to engage."* The problems most of us see are so widespread, complex and interactive, it's hard to think about this, or even some of it, without becoming confused and victimized. The desire to make a difference is in desperate need of a good theory that is more than intelligent and abstract; one that actually turns the pain into constructive and effective advice, coaching, and action.

I recently did an intensive personal development session for a Vancouver physicist. At a point I told him of my experience watching the space adventure movie Interstellar, and how they were somehow able to include General Relativity, Quantum Mechanics, Space Time, Gravity, and Love at the same time and in the same story, with no contradiction. Wouldn't it be great, I imagined, if people could work and be together in ways that allow contradictions in political points of view, religious beliefs, economic systems, and relationships to exist together without opposition, to communicate and build bridges without violence. He said that in Physics, if a theory wasn't working quite the way it should, if there was a wiggle or wobble in the observations as a continuing circumstance, a scientist would invent a particle and insert it theoretically into the model, and sometimes, in testing, the wobble would go away. It struck me that there could be a similar particle missing in human beings and human affairs that would allow for the harmony and effectiveness so many of us seek. I named this particle the *"Interbeon."*

Abraham Lincoln knew how to connect with people. He knew about 'Relationality'. He told stories, made jokes, and pulled the rug from under what people were already

thinking. He often spoke poetically; *“Fourscore and seven years ago our fathers brought forth on this continent a new nation, conceived in liberty and dedicated to the proposition that all men are created equal. Now we are engaged in a great civil war, testing whether that nation or any nation so conceived and so dedicated can long endure. We are met on a great battlefield of that war.”* People loved him or hated him, but he sure did connect.

He was especially able to hold opposites in his mind same time with conviction. He led the nation in a war that killed six hundred thousand people and at the same time empowered ideals of unity and kindness for almost everyone. He was not about getting rid of immigrants, demonizing other points of view, or coming to every conversation from a personally self-centered opinion. He was very aware of others and of himself in both the local and national environments that affected everyone and everything. If there was a ‘particle’ that allowed for his ability to hold so many contradictions and move forward with meaningful grace and power, it was the *Interbeon*.

The *Interbeon* is not an abstraction. It is an internal vibrational experience of ‘Us’ (rather than ‘Me’). Though expressed in language, it's not an idea but a physical experience in the body. It's not a thought, and talking or writing about it in abstract terms does violence to the opportunity of creating it and bringing real people together. Even thinking you can clarify it with abstraction or concepts undermines the reality of experiencing it.

Although we may start with theory, we have to wind up with experience that is not in the nature of a dual subject\object relationship. It's the integrated universe of ‘*I and Thou*’ so well expressed by Martin Buber, and not a transactional universe of ‘*I and It*’. Imagine businesses with Human Being departments where people are more important than money, rather than Human Resource departments where money is generally more important than people.

The nature of reality is ‘Relationality’ itself.

Relationality means the way in which two or more people, or things are connected and how they are *being* with each other. Failures in sustainability, growth for all, and consciousness-based operations come from inaccurate commercial, political, religious, cultural, bureaucratic, or psychological interpretations.

Systems, organizations, projects, communities and relationships with the most available energy will prevail.

Good ideas, great products, and the force of will are not enough. Energy in this case means the strength and vitality required for sustained physical or mental activity. You may also hear it referred to as vigor, life, liveliness, animation, vivacity, spirit, spiritedness, verve, enthusiasm, zest, vibrancy, spark, sparkle, effervescence, ebullience, exuberance, buoyancy, sprightliness, stamina, forcefulness, power, dynamism, drive, fire, passion, ardor, zeal, zip, zing, pep, pizzazz, punch, bounce, oomph, and more.

Form follows consciousness. The whole is greater than the sum of its parts.

Different people operate at different levels of consciousness, or levels of wakefulness, from 'asleep on their feet' to being tuned in to the widest possible spectrum of awareness.

The *Interbeon* is a 'particle' or 'point of view' that allows one to recognize and act on the awareness of *Relationality*, and allows for opposites to exist in the same space without opposition. The *Interbeon* is hypothesized to be the equivalent of the Higgs Boson particle in physics, in that it is said to hold everything in the human universe together and keeps things from flying apart.

- The Higgs Field was theorized before the Higgs Boson itself, as physicists calculated that in order for their theories and observations to jive, it was necessary to imagine a new field – one that existed everywhere in the universe.

In the human world it's also necessary to imagine a new field, best named *Relationality*, which exists everywhere in the universe, in order to explain the disintegration in so much of our social and political fabric, while other parts seem so well integrated. The *Interbeon* is postulated as a particle or wave, within or among individuals that allows for *Relationality* as the senior value consistent with the true nature of reality.

- The *Interbeon* is a framework for turning cognitive dissonance or pain into sudden, dramatic, and important discovery and action.
- The *Interbeon* creates a moment of zero gravity or free choice.
- The *Interbeon* enables a portal from linear, either/or mind to quantum, possibility mind.
- The *Interbeon* rests on evidence that thoughts determine reality.

"One of the key principles of quantum physics is that our thoughts determine reality. Early in the 1900's this was proved beyond a shadow of a doubt with the 'double slit' experiment, which found that the determining factor in the behavior of energy ('particles') at the quantum level is awareness of the observer. For example: electrons under the same conditions would sometimes act like particles, and then at other times they would switch to acting like waves (formless energy), because it was completely dependent on what the observer expected was going to happen. Whatever the observed believed would occur is what the quantum field did. The quantum world is waiting for us to make a decision so that it knows how to behave. That is why quantum physicists have such difficulties in dealing with, explaining, and defining the quantum world. We are truly, in every sense of the word,

masters of creation because we decide what manifests out of the field of all-possibility and into form.”

Ref: themindunleashed.org

What comes to mind is Carlos Castaneda’s counsel; *“A man goes to knowledge as he goes to war: wide-awake, with fear, with respect, and with absolute assurance. Going to knowledge or going to war in any other manner is a mistake, and whoever makes it might never live to regret it.”*

For those of us that want to follow Matt Damon’s advice and “turn toward the problem,” there is huge opportunity and a huge gap between the control driven, money-driven universe we live in..., and the energy-driven, consciousness-driven universe that is possible. The path forward is necessary and essential.